सर्वेन्द्रियाणां नयनम् प्रधानम्

Susruta

School of Optometry & Visual Sciences

PROSPECTUS
for admission to

BACHELOR OF OPTOMETRY
(B.Optom.)

The National Commission for Allied and Healthcare Professions (NCAHP)
Ministry of Health & Family Welfare

Susruta School of Optometry and Visual Sciences

(A Unit of Kerala Vision Research Foundation)
Promoted By Giridhar Eye Institute
Affiliated to Kerala University of Health Sciences (KUHS)

52/3232A1, Ravindran Road, Kadavanthra,
Ernakulam – 682 020, Kerala, India.

PH: 0484 - 4000586 / 4000589 / 2959585 | Mob: (91) 7593930086

Mail: susrutaschoolofoptometry@gmail.com / admin@susruta.edu.in | Website: www.susruta.edu.in

Principal's Message

Greetings to you,
Eye care has been held in high regard from time immemorial. Today, with immense opportunities abound - in rural clinics to MNCs and government organisations - eye care is a profession esteemed for its scope. The fact that India currently needs 1,15,000 optometrists attests to an atmosphere conducive for eye care professionals to thrive.

The path beneath an optometrist's feet is broadening day by day, as the alternative career options such as self-employment and teaching are as lucrative as practicing optometry.

However, at Susruta School of Optometry and Visual Sciences, teaching is not limited to preparing students as qualified professionals. Vision is arguably one of the greatest gifts of life. Caring for vision as its core responsibility, optometry is a noble vocation.

Our optometry course is designed to mould students as socially responsible individuals, who also are successful in their profession. To help our students assume the role of a professional committed to the society, extensive multidisciplinary exposure is provided in addition to a comprehensive curriculum. This includes hands-on training, participation in eye screening programmes and seminars, interaction with experts, etc. Extracurricular sports and arts activities are also encouraged to bring out the best in students.

I'm delighted to welcome you to Susruta School of Optometry and Visual Sciences to know more about the course or the college. Thank you for considering us as your optometry school of choice.

Dr. Thomas Kuriakose
Principal

VISION

To create world class Optometry professionals for a brighter future in eye care.

CORE VALUES

An Institute thatshapes careers

World class education in eye care

Knowledge & skill upgradation at every level.

MISSION

- To ensure Gold Standards in optometry education & training
- To provide the most updated Learning and Teaching experience in Primary Eye Care
- To create a community of responsible optometrists who can work as an Independent Primary Eye Care Health Professionals
- To foster a culture of Eye Research and Development

GENERAL INFORMATION

Introduction

This prospectus is for the admission to the Five Year undergraduate course in Optometry. The course is affiliated to Kerala University of Health Sciences and approved by the Government of Kerala. General information and rules regarding the admission to the course is given below. Candidates are required to go through the prospectus carefully and acquaint themselves with all the relevant information.

Susruta School of Optometry and Visual Sciences, situated in Kochi, provides comprehensive clinical training in the science of vision, since 2015. Giridhar Eye Institute, a teritiary Eye care Hospital in Kochi, Kerala

established in the year 1997 is at the helm of Susruta School of Optometry and Visual Sciences, a unit of Kerala vision Research Foundation.

The centre boasts unparralleled educational facilities, including hands-on training, ultramodern laboratories, high-end research wings, and an expansive medical library. Adding more value to its assets is the highly qualified and experienced faculties who will provide insightful guidance to the students.

FACILITIES

Laboratory: A sophisticated Optical, Biochemistry, Physiology & Anatomy Lab with advanced facilities to learn and practice is available for the students. The school has refraction rooms with an extensive range of eye-testing equipment and learning tools. A state-of-the-art physics lab with a wide host of instruments for experiments related to optics and light is at student's disposal.

Library: The contemporary library at Susruta seamlessly combines the conventional and digital platforms of reading. A vast collection of books from the field of optometry and ophthalmology, including various journals and rare publications are accessible here. Located at a quiet corner, the library is an ideal spot for students and teachers to develop a reading habit, refer and research.

Clinical Exposure at Giridhar Eye Institute: With over 800 patients attended per day at the outpatient department and with 4 branches in various parts of the city, the students are enriched with excellent exposure to the latest advances in surgery, treating methodology, and diagnostic equipment. They also benefit tremendously from patient interaction focusing in Ophthalmology & optometry. Students shall prepare to travel for nearby locations for 1 week per semester.

Specialty Clinics viz. Contact Lens, Low Vision Aid, Lasik, Squint, Paediatric, Dry Eye, Oculoplasty, Retina & Diagnosticss, Cornea Clinic, Glaucoma Clinic, Ocularistry & Electro Diagnostics: Thanks to the foremost technology and resources available at Giridhar Eye Institute, the students can gain firsthand experiences of treatments and skills like contact lens fitting, low vision correction, lasik treatments, squint correction, etc. pertaining to specialty departments in eye care advancements.

Co-Curricular Activities: In addition to academic lessons, various industrial and clinical talks, seminars,CME programs, meetings and discussions are conducted at conference halls and smart classrooms regularly to keep students updated with the present-day developments and innovations in eye care sector.

EDUCATIONAL PROGRAMME

Course Offered: ***Bachelor of Optometry (B.Optom.)***

Duration of the Course: Bachelor of Optometry is a Five Years (4+1) or 10 Semesters (8+2) Programme that includes Four year of academic training, Approximately 15 weeks for Semesters with a minimum of 450 hours per Semester (6 Months). After 4th year, students have to do a compulsory rotational internship (2400 Hours) in various specialist departments for 12 months (2 Semesters).

Total Hours: 6000 (Didactics + Practical + Internship)

About the Course: The course is conceived as a programme that enables students as professionals capable of shouldering the clinical and diagnostic responsibilities pertaining to ophthalmology and optometry. Hence the programme is centered on practical knowledge and skills rather than theoretical education. Our faculty, consisting of well-versed ophthalmologists and optometrists, offers comprehensive clinical training in subjects such as refraction, squint evaluation, prescribing and dispensing eye equipment, etc.

Semesters: An academic year consists of two semesters

- Odd Semester: June/July to November/December
- Even Semester: November/December to April/May

Attendance: A candidate has to secure minimum –

- 75% attendance in theoretical
- 80% attendance in Skills training (Practical and Clinical training) for qualifying to appear for the examination

Subjects Included are as follows:

Semester	Subjects (Part 1)	Subjects (Part 2)
First Semester	General Anatomy, General Physiology, General Biochemistry	Physical Optics, Mathematic & Geometrical Optics- I, Introduction to Optometry, Nutrition, Communication & Clinical Optometry I
Second Semester	General Pharmacology, General Pathology, Ocular and related neuroanatomy, Ocular and related neurophysiology, Ocular Biochemistr y	Geometrical Optics II, Basics of Computers & Clinical Optometry II
Third Semester	General and Ocular Microbiology, Ocular Pharmacology, Visual Optics- I, Optometric Optics	Ocular Disease- I, Indian Medicine and Telemedicine, Clinical Optometry- III
Fourth Semester	Optometric Instruments, Clinical Examination of Visual Systems, Visual perception and psychophysics, Visual Optics- II	Ocular Disease- II, Behavioral Health Psychology, Introduction to Quality & Patient safety, Clinical Optometry- IV
Fif th Semester	Systemic Disease, Dispensing Optics, Geriatric Optometry, Paediatric optometry	Diagnostics and therapeutics of Anterior segment diseases, Innovation and Technology, Clinical Optometry V
Sixth Semester	Contact Lens-I, Low Vision care and Rehabilitation, Binocular Vision- I	Diagnostics and therapeutics of Posterior segment diseases, Optometry and Multidisciplinary aspects of Health, Research Methodology & Biostatistics, Clinical Optometry VI
Seventh Semester	Contact Lens- II, Binocular Vision- II, Public Health & Epidemiology	Law and professional ethics-Optometry, Community eye health, Clinical Optometry VII, Research Project-I
Eighth Semester	Occupational Optometry, Practice Management, Community eye health and Tele-optometry	Data Science for healthcare, Clinical Optometry VIII, Research Project – II
Ninth and Tenth Semester	B Optom Internship-I, B Optom Internship-II (Considering 24 weeks per Semester)	

On Completion of the academic training the students will receive hands-on training at Giridhar Eye Institute. GEI boasts the most sophisticated patient care, education and research facilities. The institute focuses on making eye health a priority, be in the vanguard of progress in the field of vision care through research, improving the availability of eye care to the needy, and training future generations to follow our footsteps through a cutting-edge curriculum.

Job Opportunities of Optometrists

As per the scope of Optometry practice, the job sectors are divided into the following areas:

A. Corporate Sector: Optometrists are employed as professional service people under various lens manufacturing companies as well as contact lens companies. Some pharmaceuticals and surgical instrument companies (eye related) also employ them. Depending on performance there is a career path for the professional service staff and some optometrists have also risen to regional heads (Asia-pacific head).

B. Independent practice: As per the current practice standards and the NCAHP Act 2021, Optometrist can upon graduation open their independent clinics. Optometrists can also independently provide Tele consultation.

C. Work for optical outlet / store:
The work environment and the responsibilities for working in an outlet / store would be similar to that of an independent practitioner.

D. Eye Care Hospitals & Institutions: Optometrist play an important role to decrease the OPD patient burden on ophthalmic surgeons by providing primary eye care services such as comprehensive eye examination to detect, diagnose and co-manage. Optometrists working in hospitals and institutions offer services similar to independent practice, as mentioned above. In addition, acts as clinical trainer, researcher, scientist, administrator, clinical head or other suitable role as demanded.

E. Educational Sector: In educational sector, Optometrists employed as an academic/research/ administrative faculty depending on experience and qualification as per the NCAHP guidelines. In educational sector, School of Optometry is headed by this recognised profession only.

F. Public Health: Optometrist as health care provider, may involve in epidemiological studies and collaborate with NGOs in service delivery of health care.

G. Sports: Optometrists may access and train in sports vision along with other professionals. The science of helping sportsmen reach peak levels of performance through the enhancement of visual systems.

H. Industries/ Companies: Optometrists involve in pre-employment vision screening, periodic eye check-up for employees, set vision standards for various occupations, help in occupational health professional in developing eye safety policy of the company, advise on appropriate eye safety wear and can-do awareness campaign among the employees especially on the usage of eye safety wear and protection. Optometrist also gives Vision related Fitness certificate for all occupations.

I. Research & Development: Research areas in optometry are quite vast ranging from optics, contact lenses, binocular vision, glaucoma, retinal diagnostics, public health, low vision to primary eye, health care and related areas. Optometrists involve themselves in vision science research, not restricted with any specific areas.

J. Tele-health: Optometrists develop various digital applications/solutions for eye/vision care needs.

K. Transformational/Translational research:
Optometrists with higher degree may involve in transformational research wherein the scientific discoveries arise from laboratory, clinical or population studies lead into clinical applications to reduce disease incidence, morbidity and mortality.

Life at Susruta

ADMISSION PROCESS

Eligibility Criteria

As per the order issued from Health & Family Welfare © Department G.O.(Ms)No.165/2026/H&FWD dated, Thriuvananthapuram, 07-07-2026:

- He / She should have passed Higher Secondary examination conducted by Board of Higher Secondary Education, Kerala or examination equivalent thereto as approved by Kerala University of Health Sciences, Thrissur / NCAHP/ Admission Supervisory Committee / Government of Kerala.
- Candidates should have passed Physics, Chemistry, Biology / Mathematics with 50% marks.
- He / She has attained the age of 17 years as on 31st December of the year of admission.
- He / She has to furnish at the time of submission of application form, a certificate of Physical Fitness from a Registered Medical Practitioner and two references from persons other than relatives testifying to satisfactory general character.
- Candidate who fails to attend the Medical Examination on the notified date(s) will forfeit the claim for admission and placement in the waiting list except permitted by the competent authority under special circumstances.

Categorization of Seats and Selection Process (30 Seats)

Government seats: 15 Seats

Government seats (Merit seats against which the Director of Medical Education makes allotment are called Government seats) will be filled by LBS Centre, the government- (www.lbscentre.in) approved agency by inviting applications from eligible candidates based on the Merit List prepared and observing all prevailing rules relating to communal reservation of seats.

Management seats: 15 Seats

(15% of the total seats (30) intake will be reserved for NRI Category)

Management Seats (Seats other than Government seats are called Management seats) will be filled up by the College by inviting online applications from eligible candidates based on the Merit/ Rank List prepared. There will be no reservation of seats for SEBC and or SC/ST candidates under Management quota.

Applications for Management Seats can be submitted online through the college website www.susruta.edu.in along with an application fee of Rs.1050/-. Refer website/ college for important dates for admission procedures and Fee Structure.

All the candidates admitted shall pay the fees fixed by the Government of Kerala / NCAHP / Office of the Admission Supervisory Committee / Fee Regulatory Committee and as approved or modified by the competent authorities.

POST – ALLOTMENT ACTIVITIES

- The selected candidates will be informed about the date and time of admission through the Official Mail from college.
- They shall also pay all fees of the first year of the course at the time of admission
- Candidates need to report for admission before the principal/head of the institution concerned only when the announcement regarding the same is made by the principal.
- He / she should report with the original documents, of which, copies were submitted along with the application form.
- Students or parents are requested to collect the annexure for verifying the admission dates.

Fee Refund

Rules/Orders regarding fee refund and liquidated damages occurred will be obtained as per the norms by Government / LBS / Management.

Order issued from HEALTH & FAMILY WELFARE (C) DEPARTMENT G.O.(Rt)No.1964/2026/H&FWD Dated, Thiruvananthapuram, 08-06-2026

The candidates admitted against Management seats or Government Seats in Self Financing colleges under Govt. Controlled Institutions , on discontinuance of course after the cut-off date for closing of admissions fixed by the Government, for joining other courses /colleges or for other Purposes are liable to pay liquidated damages equal to annual tuition fee for the remaining years of study so as to complete the total tuition fee for the course (less the fee paid by him / her).

Rules & Regulations

All students admitted to the institute will be governed by the rules and regulations that are prescribed from time to time.

College Timing: The working hours of college are from 9:00 am to 4:00 pm. However during the final year, as the students are posted in different specialty clinics and outpatient procedures, the timing will depend on the clinical schedule. Punctuality and attendance will be evaluated. A minimum of 80% attendance in each subject and more than 50% marks in internal examination is essential to qualify for every year university examinations.

College Activities: All students must participate in hospital/college seminar, various health educational programmes, other educational activities, intercollegiate competitions, etc. Parents must note that the students should be encouraged to participate in such events to improve their practical outputs.

Leave: students must obtain prior permission from college authorities for their leave of absence, strict disciplinary action will be taken against those students who fail in abiding by this rule. Medical certificate from a registered medical practitioner should be produced in case of absence for more than 1 day. A minimum attendance of 80% is required to qualify for university examinations.

Identity Card: Each student will be given an identity card, which they are supposed to wear on the campus. Students will not be allowed to enter the hospital premises without the identity card.

Dress Code: Since the students are supposed to work in a professional clinical setting, they are expected to follow a College Uniform / Formal Dress Code (Compulsory) with an Id card. Aprons are mandatory to clinics from 3rd semester onwards.

Instruments: All students must compulsorily posses a Retinoscope before the first semester of the second year and carry them throughout during hospital & clinical postings/practicals. Every student must also possess a pen torch, IPD ruler, occluder etc as prescribed for required subject/Faculties.

Library: The rules and regulations of library should be strictly followed, failing which fine will be imposed by the librarian against the damages.

Hostel & Food Facility: Food and accommodation will be provided at extra charges. The food served will be strictly vegetarian.

Sunday Camps / OPD: The students are trained to perform community vision screening / eye care awareness activities through various scheduled programmes. Students assigned for such activities will not be granted leave.

Holidays: Allotted holidays will be specified in the institution's calendar. The Principal holds the discretion to declare holiday on any other circumstances.

Use of Mobile Phone: Restricted usages of Mobile Phone by students are allowed in the campus and Hostels. Any violation of this prohibition will lead to stringent disciplinary action by the college authorities if found to disturb academic / students day to day activities.

Anti-Ragging: The institute has formulated strict anti-ragging guidelines and all students are required to sign an undertaking to abide by these guidelines. Students who are found violating these guidelines are liable to disciplinary action, including expulsion from the institute and lodging of a criminal case against them as per the directive from the Hon'ble Supreme Court of India. Any damage caused to school/hospital assets shall be recovered from the Caution Deposit and strict action will be taken by the Management.

Extra classes /Guest Lectures: SSO & Giridhar Eye Institute organises lectures and discourses on a variety of topics. Students should also attend these sessions for career advancements.

GENERAL RULES & REGULATIONS

1.Students must wear uniform along with an IDcard while attending the classes, hospital Postings and laboratory. A white coat/apron is compulsory during practical sessions.

2. The students should groom professionally and well behave in the college and hospital.

3. Students must show respect to the teaching staff, college / hospital / management authorities and Non-teaching staff.

4. The character and conduct of students inside and outside the college will be observed by college authorities. Any misbehavior either inside or outside class will call for disciplinary action.

5. Students are expected to keep the classrooms and college premises neat and clean.

6. Students should attend college regularly. Those who come late should take permission from the principal through the respective class coordinators.

7. Frequent latecomers and absentees will not be allowed to enter the class without bringing their parents.

8. In case of absence due to unavoidable reasons like illness, the leave application is to be submitted to the principal for approval after getting the initial permission from the class coordinator / Faculty / HOD.

9. Students who absent themselves from examination except for a valid reason will be considered as having failed in the subject or examination.

10. Parents may meet the principal to discuss matters concerning the progress of their children in PTA

11. Parents must inform the college of any change in their address or phone numbers immediately.

12. Students are not allowed to skip/bunk classes. If a parent/guardian desires to take his son/daughter home during class hours, depending upon the emergency, the principal shall take appropriate decisions.

13. Students should not break or damage any of the articles provided for their use.

14. Mobile phone is not allowed in the college.

15. Meeting of students of any kind shall be entertained inside the college only with the prior permission of the principal.

16. Wandering around college campus without any valid reason is not permitted.

17. Use, possession, or distribution of drugs, alcohol, or any intoxicating substances is strictly prohibited on the campus and hostel premises.

18. Students found involved in drug-related activities will face immediate suspension and legal action as per institutional and government rules.

19. The college rules and regulations must be followed by students. The Principal's decision will be final in any academic/disciplinary matters.

20. An Undertaking shall be provided by the student & ward regarding the same.

CHECK LIST FOR ENCLOSURES DURING COUNSELLING & ADMISSION

Please submit the original with self-attested copy of documents should be submitted at the time of admission & counseling

- Mark list of 10th Std.
- Mark list of 12th Std.
- Transfer Certificate
- Community Certificate
- Income Certificate
- Physical fitness certificate
- Certificate to prove date of birth (10th First page / Birth certificate)
- Aadhar Card
- Certificate in proof of Nativity (in case of CBSE / ICSE students only)
- Migration Certificate (in case of CBSE / ICSE students only)
- Passport size photograph (6 Nos) and Stamp Size Photo (1 No)
- Bank Passbook copy of the student giving the account details (1st page) - Copy
- Undertaking for Rules and Regulations (format attached)
- Local Guardian / 2 references undertaking (format attached)

NRI Quota (Sponsorship Certificate)

- The candidate shall produce the sworn affidavit from the Sponsor in a stamp paper worth Rs. 200/ -. It is applicable only if NRI is in on leave and in his/ her home country.
- If the NRI is abroad, the sworn affidavit in prescribed format attested by the Embassy/ Consulate authorities need to be submitted
- Copy of Passport (Front & Third Page) for the Sponsor duly attested by the Indian Embassy or Consulate
- Copy of the Employment Visa (Pathaka / Iqama/ Electronic Visa / Resident Permit/ Green Card / Civil ID) duly signed by Employer and Attested by the Indian Embassy or Consulate
- In case, the employment of the sponsor is not mentioned in the Employment Visa, the candidate has to produce the Employment Certificate of the Sponsor attested by the Embassy /Consulate authorities
- Relationship Certificate from the Village Officer (Student and Sponsor). Relationship should clearly be established

Note :

Late or defective applications will not be considered under any circumstances.

Certificates without the signature of the issuing authority or that are incomplete will be treated as defective and such certificates will not be considered for granting any claim.

UNIVERSITY RANK HOLDERS

MS. BUSHRA B S
2nd RANK HOLDER
BATCH 2016-2020

RISANATH K A
1st RANK HOLDER
BATCH 2021-25

ASIYA. AMAN.
3rd RANK HOLDER
BATCH 2017 -21

COLLAGE TOPPERS

CHIPPY CHANDRAN
2015 batch

MALAVIKA A
2018 batch

AL SHABNA SHAJAHAN
2019 batch

NEETHU A
2020 batch

AKSHARA P S
2022 BATCH

सर्वेन्द्रियाणां नयनम् प्रधानम्

Susruta

School of Optometry & Visual Sciences

The National Commission for Allied and Healthcare Professions (NCAHP)

Ministry of Health & Family Welfare

Susruta School of Optometry and Visual Sciences

(A Unit of Kerala Vision Research Foundation)

Affiliated to Kerala University of Health Sciences (KUHS)

सर्वेन्द्रियाणां नयनम् प्रधानम्

52/3232A1, Ravindran Road, Kadavanthra, Ernakulam – 682 020, Kerala, India.

PH: 0484 - 4000586 / 4000589 / 2959585 | Mob: (91) 7593930086

Mail: susrutaschoolofoptometry@gmail.com / admin@susruta.edu.in | Website: www.susruta.edu.in